



# LEARNING CALENDAR

*Bloorview Virtual School*

# Parents and Guardians

- This resource is intended to support student learning during the school closure. Please note that learning at home is going to look different than learning at school. Many students may be anxious that their routine has changed or may not be motivated to do learning tasks every day. These are unprecedented times and the health and well-being of our students and their parents/guardians continues to be our top priority, and some days may be better than others for learning at home!

## **For Online Resources:**

- To access Bloorview School Early Years Online Resources, click [here](#).
- To access suggested iPad apps to use at home, click [here](#).
- To explore all the school digital resources shared thus far, click [here](#).

- The activities and explorations shared below may help provide some routine to your child's day while school continues to be closed; routine has shown to be beneficial in reducing anxiety students may be feeling at his time. This is a "Choose Your Own Adventure" for learning -- encourage your child to make a choice on which activity they would like to do -- we have used a Monday to Friday framework but activities do not need to be completed in sequence. Families can choose to complete just the one task each day and/or complete any of the extensions for each task.
- We recommend that families read with their child each day whether that's listening to a story online or reading a book together. We also recommend that physical activity is built into each day -- movement includes arm exercises, walks, stretches, as well as exercises shared by the physiotherapists.
- For all students, especially those in Kindergarten, play-based learning provides an opportunity for students to explore, manipulate objects, role play and experiment with various materials. If appropriate, you can ask your child some open-ended questions that can give you insight into their thinking and learning.

**For example:**

- Tell me more about...
- I wonder why...
- Can you think of a way too...
- What do you think would happen if...
- Why did you...
- Describe what you know about...
- What did it look/feel/sound/taste/smell like?
- How can you tell the difference between \_\_\_\_\_ and \_\_\_\_\_?
- How do you know that...?
- What does this make you think of?
- How could we make the/this\_\_\_\_\_ (stronger, better, etc.)?

# Speech and Language Resources

## Communication Boards

- [Playdough](#)
- [Fort Building](#)
- [Five Senses](#)
- [Mindfulness](#)
- [Planting](#)
- [Playing Dress Up](#)
- [Structures](#)

## App Cheat Sheets

- [Using the Sounding Board App](#)
- [Using the Go Talk NOW Lite App](#)

- Every Monday morning we will be adding another week of activities, but you will continue to have access to the previous week's calendar. In addition to the learning below, each student will have a virtual "circle time" with their classmates and staff. As a class, you will decide the best day and time for your virtual class and your child's teacher will email you a link for a "Google Hangout".
- Feel free to share your learning on Twitter and tag our school, [@BloorviewSchool](https://twitter.com/BloorviewSchool) 
- We welcome any feedback on the learning calendar and how we can best support students during this closure.
- Please feel free to connect with the classroom teacher should you have any questions or concerns.

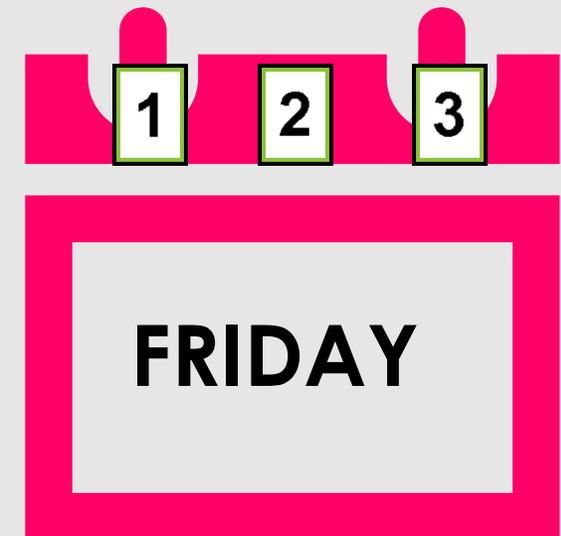
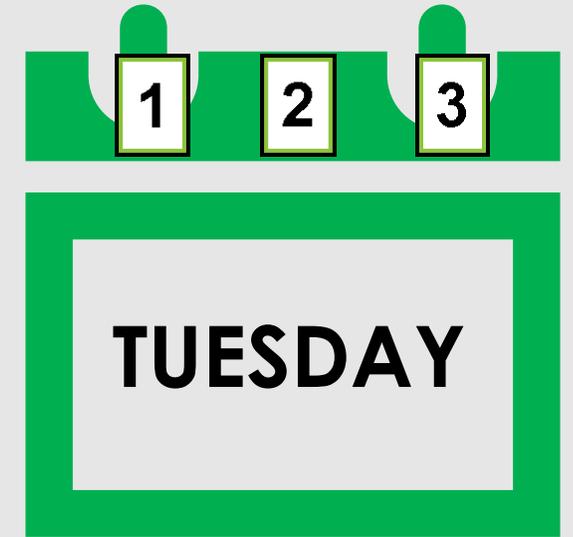
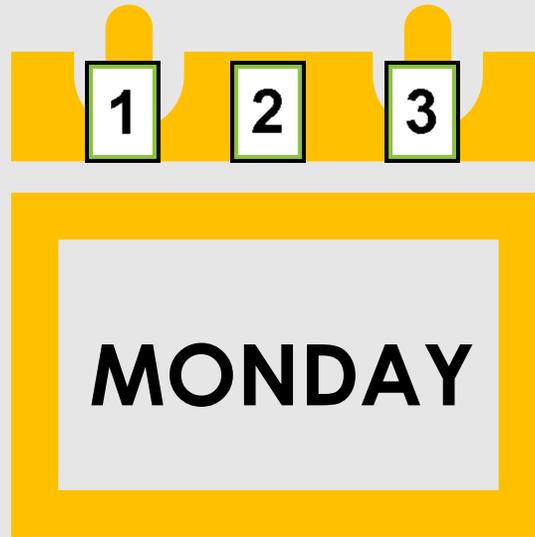
# Navigating the Calendar

- Each day of the week has three activities that can be done in isolation or to extend learning
- Choose a day (e.g., Monday) and select the 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> task by clicking on that corresponding number
- Read over the learning task and complete the activity
- To return to the main calendar page to choose another activity, click on the home icon 
- Speech and Language (SLP) tips have been added to the document as little suggestions to support student communication

**SLP Tip** 

# Bloorview School Learning Calendar

Week of June 8 to 12, 2020





SLP Tip

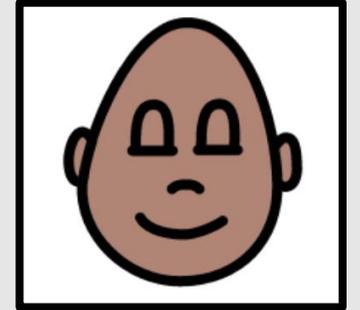


Mindfulness

Communication Board



# Mindfulness



It's been a while now where things have been very different for you and your little ones. Sometimes the way we feel can make us worried, anxious and afraid.

Take a moment before you listen to the story to discuss with your child things that may worry them, things that make them feel great.

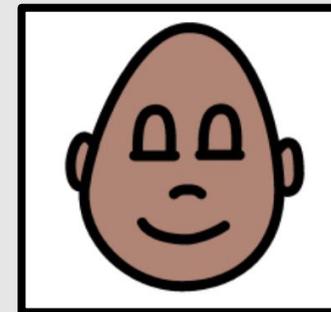
Share with your child the things that help you when you are feeling the same way

- Click the link and listen to [Peaceful Piggy Meditation](#) by Kerry Lee MacLean

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MONDAY

# Mindfulness



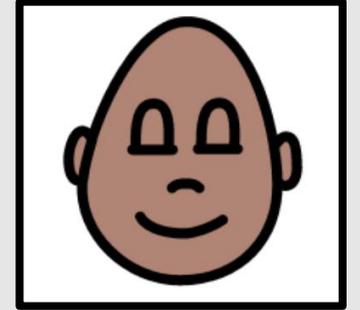
- Calming Glitter Jar
- Start by finding a glass mason jar and allow your child to decorate it however they like. You can also use a plastic water bottle if you can't find a mason jar.
- You will also need one bottle of clear glue and some kind of glitter. Food coloring is optional.
- Fill the bottle up 3/4 of the way with water. Next, add the clear glue and glitter and shake. You may want to use a funnel to get the glitter in the jar. You may add food coloring if desired. Seal the lid and you are ready to go.
- Your child can SHAKE the jar or bottle when they feel anxious or upset and remain still while the glitter settles.
- The jar is like the child's mind, and you can even encourage your child to think about how *their thoughts are like glitter*. As the glitter settles down into the bottom of the jar, the mind becomes calmer as well. ([biglifejournal.com](http://biglifejournal.com))



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**MONDAY**

# Mindfulness

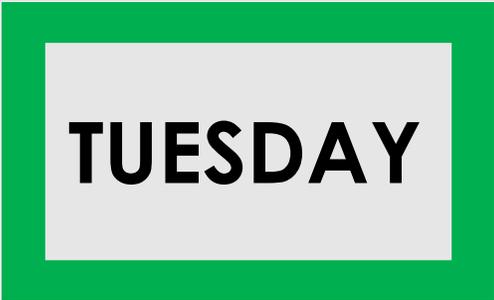


- Create: Find a place in your home where your child feels most comfortable and at ease. Help them to create their very own peaceful sanctuary.
- Some possibilities could include:
- Soft pillows on the floor or bed
- Calming music in the background
- A cozy blanket
- A favourite toy or book
- A small tent





1



TUESDAY

# Numeracy



These days it's hard to keep track of what day it is or keeping a consistent schedule.

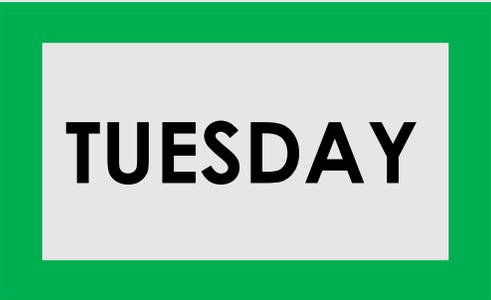
So let's try and remind ourselves of what we do know!

[Click here](#) for songs and examples of Day and Night, as well as, how to use a tactile schedule for students who are blind or have low vision.





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TUESDAY

# Numeracy



A day is broken down into hours.

Though you may not tell time yet you can have fun noticing numbers on a digital clock and what time certain things like lunch or dinner occur.

[Click here](#) for strategies to notice and track a Digital Clock and how to play a favourite Bloorview Outdoor DPA game: What time is it Mr. Wolf?!



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TUESDAY

# Numeracy

$$\begin{array}{r} 2 \\ \times 3 \\ \hline 6 \\ 60 \\ \hline 60 \end{array} \quad \begin{array}{r} 3 \\ - 1 \\ \hline 2 \end{array}$$

Another type of clock you may see around the house are called Analogue Clocks, A big round circle with numbers around the edges and two big lines that move in the middle.

[Here](#) you can learn how to read an Analogue clock, print and make your own clock to try at home.



1

WEDNESDAY

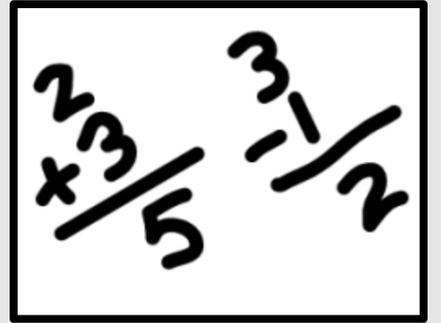
SLP Tip



Help your child find their shapes page on their device or in their communication book.



# Numeracy



- Listen to the story: [Captain Invincible and the Space Shapes](#)
- Can you remember the names of some 3D shapes from the story?
- **Activity:** Use 3D shapes around your home (e.g. empty paper towel rolls, cereal boxes, tissue boxes) to create your own rocketship!

2

WEDNESDAY

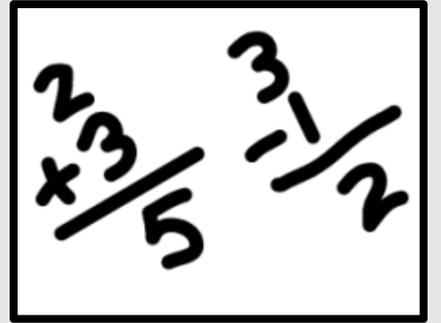
SLP Tip



When doing the 3D shape matching activity, set your child up, but forget to give him/ her something e.g., scissors or glue so that they need to initiate request for help.



# Numeracy



Watch the video about [3D shapes](#)

## Activity:

- Go on a [scavenger hunt](#) around your home or your neighbourhood to look for objects that are 3D shapes.
- Tell a family member or record them on the scavenger hunt worksheet.

**Extension:** Complete a [3D Shape matching activity](#)

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WEDNESDAY

Video for Inspiration:

[3D Shapes](#)



# Numeracy



- Read the [3D shape poem](#).

## Activity:

- Build a skeleton of a CUBE using toothpicks and marshmallows (or playdough).
- How many toothpicks did you need?
- How many marshmallows did you need?



1

THURSDAY

**Video for Inspiration:**

[GoNoodle Video](#)



# Adventure



Canada's Wonderland - [Ride a Roller Coaster](#)

- Canada's Wonderland may be closed, but we can still ride the coasters!

Choose how immersive you want the adventure to be:

- **Beginner:** Have your child watch and perhaps attempt to lean into the turns.
- **Intermediate:** Hold your child on your lap and safely move your child left and right as the coaster turns.
- **Advanced:** Place your child safely into a laundry basket (or similar enclosure) and balance the basket on a Yoga ball (or bouncy ball or something similar) and turn the basket backwards as the coaster climbs, turn it downwards when the coaster goes down a hill and turn it left and right as it turns!

2

THURSDAY

SLP Tip



Take photos during your adventure to engage in an activity retell/travel diary!



# Adventure



Virtual Nature walk -- Let's Travel Around Canada!

- Are your bags packed? Where in Canada are you travelling to?
- Hike along the [Banff National Park in Alberta](#)
- Walk through the [City of Vancouver](#) in British Columbia
- Explore the open waters and search for [Icebergs in Bonavista, Newfoundland](#)

**Extension:** Complete this [travel journal](#) for your virtual trip!

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THURSDAY

# Adventure



## Online Extension:

[PebbleGo](#) and see if you can find your animal. Learn more about what they eat and how they live. Complete this [Animal Adventure handout](#) if desired.



## Virtual Trip: **To the Toronto Zoo!**

The Toronto Zoo is temporarily closed so let's have a Scenic Safari from home!

What's your favourite zoo animal?

Explore the [Toronto Zoo Channel](#) and choose one animal to learn more about – perhaps learning about Baby Long Legs the baby giraffe, or the Arctic wolf pups, or orangutans, or even the gorillas!

## Guiding Questions:

- What's your favourite animal that you saw?
- What do you like about this animal?
- What does the animal eat?
- What did you learn about where the animal lives (habitat)?

1

FRIDAY

SLP Tip



Ask the child to guess what sound the word starts with.



# Literacy



Watch the introductory lesson on reading.

Ask your classroom teacher to forward you any supplementary videos/activities mentioned at the start of the video if needed.

[Reading Words Introduction](#)

2

FRIDAY

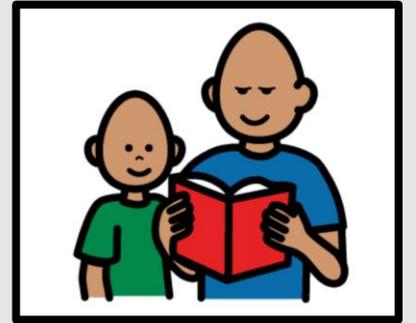
SLP Tip



Model or show and label the letter name and say the sound.



# Literacy

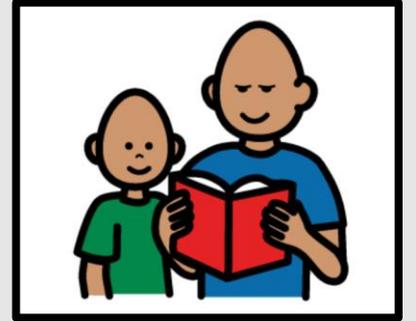


Print off the [alphabet puppet cards](#) to play the game at home or play by watching the videos.

3

FRIDAY

# Literacy



- Play the video based games with or without the puppets physically present.

**Tip:** Video plays at full cueing support. You can mute sections if your child needs fewer sound cues to read the words.

[Reading Words VC Combination](#)

[Reading Words CVC Combination #1](#)

[Reading Words CVC Combination #2](#)

[Reading Words CVC Combination #3](#)

